



Certification: The OFT Educational Program

Three Levels of Life Enhancement

OFT Guide

Qualify by

1. Attending 2 basic courses of OFT with an OFT Teacher or Trainer
2. Receive 5 OFT sessions from OFT Guide or Teacher
3. Give a minimum 10 OFT sessions on friends or family between first & second course

OFT Guides are listed on the international & country web sites and can offer OFT to anyone

OFT Teacher

Qualify by

1. Practicing as OFT Guide for at least 6 months
2. Assist a OFT Teacher on 2 basic OFT courses
3. Take Teacher Training weekend with Andrew Fretwell or an OFT Trainer
4. Receive 5 OFT Sessions from Andrew Fretwell or your Country Coordinator

OFT Teachers are listed on the international & country web sites and can teach OFT basic courses.

OFT Trainer

Qualify by

1. Practicing as an OFT Teacher for 1 Year
2. Assist Andrew Fretwell at OFT Teacher Training.
3. Receive 5 OFT sessions from Andrew Fretwell.

OFT Trainers are listed on the international & country web sites and can teach OFT basic courses and can also offer teacher training in OFT.



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